

Sacred Heart Summer Camp Code of Conduct

Be mindful of wearing your uniform shirt in public places – your actions reflect the camp. You must hold yourself to a higher standard.

Respectful behavior, actions, and words. No play hitting or fighting. G-rated language that is encouraging and uplifting, not discouraging or belittling (this includes “playful” insults like “stupid”, “sucks”, “idiot” and many others), no mean-spirited sarcasm.

Conduct yourself professionally: be on time, be proactive and use your time wisely. Even when you are not actively leading an activity, those “down times” are opportunities to interact *with* the campers (rather than simply monitor them) or get things prepared for the next activity or next day of camp.

No horseplaying during camps. Remember that you are the counselor and teacher, not the camper and participant. You should not be “taking over” the play or activity from the campers.

Regarding the general responsibilities of all camp staff and volunteers, if you see something that needs to be done, see that it gets done.

Keep a positive, joyful attitude.

The summer camp is a community that strives to build each other up, assist one another, and pray for one another. Camp should be a safe haven to discuss spiritual life.

Staff and volunteers are expected to have holy friendships: this means no dating between staff members/volunteers until camp has ended. (Relationships that began before camp must refrain from PDA during camp hours.)

Respectful dialogue with camp leadership, parents, and guest speakers.

Maintain respect and reverence while in and around the chapel, during times of prayer and sacraments, and when interacting with priests, deacons, seminarians, and religious.

These rules are to be followed at off-site social gatherings with staff as well.

Dress Code

Should not be able to see undergarments, including through your clothing – this includes noticeable lines of undergarments beneath tight clothing.

No holes in clothes. Avoid “distressed” style hemlines.

No skin-tight clothing unless worn underneath looser clothes that cover them – for example, biker shorts should only be worn beneath looser shorts or if your staff shirt provides sufficient coverage overtop.

Length of shorts and/or skirts needs to be at least 1-inch past fingertips. (If you cannot find clothing that fits this criteria, you may wear long compression/biker shorts underneath to meet the length requirement.)

No flip flops. (Though flip flops are allowed at evening staff activities.)

These rules are to be followed at off-site social gatherings with staff as well. Additional guidance on dress code may be given for specific activities (such as pool parties).